ScHools IN reach Emotional wellbeing service

Your child has been identified to receive an intervention with the school's SHINE practitioner regarding emotional health and well-being.

If you **do not** wish for your child to take part in the intervention, please contact the school and **opt out by 3pm on Friday 19th September 2025**

Please see the information below about the SHINE service.



Our service

We are an initiative working in collaboration with Children and Adolescent Mental Health Service (CAMHS), school and other multi-agency teams. This has been inspired by the Children's Commissioners "No wrong Door" report and in-line with the Nest framework.

Each area (Bridgend, Rhondda Taff, Merthyr & Cynon) will have a team leader who is a mental health nurse and a team of emotional well-being practitioners who hold a varied mix of skills and will be placed within schools.

Our Objectives

- Promote emotional and mental health and well-being
- Support with early identification of emotional difficulties
- Identify clear and effective pathways for accessing information for children, young people, staff, and families
- Provide timely access to evidence-based early interventions.



GIG CYMRU NHS WALES
Bwrdd Iechyd Prifysgol Cwm Taf Morgannwg University Health Board

CAMHS
Child and Adolescent Mental Health Services